

# SAT, ACT and PSAT

VALMOR SERVICES, INC is in the business of helping students improve their Standardized Test Scores in the most professional and affordable manner.

The **ACT and SAT®** exams are essential exams. The scores you obtain in these tests are used in the college admissions process to measure a student's readiness for tertiary, or higher level, education. Most students Individuals usually take these tests in their junior year of high school. However, testing plans may vary depending on the particular student's educational goals. With the increasingly competitive college admissions landscape, it is important to perform well on these exams, since these exams are a critical component in the admissions decision for most colleges and universities. SAT® and ACT scores are also often used for determining scholarship awards. At VALMOR SERVICES, INC, we utilize customized testing and diagnostic plans tailored for each students specific needs and aspirations. We offer tutoring for college entrance exams both virtually and in person.

**Help improve your SAT/ACT scores today! Call Valmor Services (786) 623 4627 or visit us at [valmorservices.com](http://valmorservices.com)**

VALMOR SERVICES, INC, offer, amongst other things, the following:

- Complimentary test prep consultation
- Robust SAT® & ACT curriculum for SAT® & ACT exams

- Official full-length practice tests
- Complete breakdown of scores and performance analysis
- Customized tutoring strategies
- Personalized strategies for pacing, goalsetting, and test anxiety
- Great qualified test prep coaches

### Brief Comparison: SAT® vs ACT

First of all, we would like to establish that the SAT® and ACT exams are used interchangeably in college admissions. Most universities and colleges currently give no preference to one exam over the other in the admissions decision. Although, both exams are designed to measure college readiness, they differ in a few key areas. Often times, some students do score significantly better on one exam versus the other! At VALMOR SERVICES, INC, we think it makes sense to determine which test a student will likely perform better on, and focus on preparing for that test!

Call us today to start tutoring for the SAT, or ACT.

### ACT Information

The ACT test comprehensively measures student's abilities to learn as well as their comprehensive knowledge. The ACT consists of four sections: Math, Science, Social Studies, and English. The scores for each section are averaged to create a student's composite score. Students may also write an optional essay, which is not factored into the composite score mentioned above.

**Some Students Perform Better on the ACT because:**

- The test includes a science section
- You can use a calculator on all math questions
- Reading sections tend to be a little more straightforward

## SAT® Information

The SAT® exam is designed to be a measure of college readiness. The exam includes: Language, Reading/Writing and Mathematics sections. A student's final score is a composite of the sub scores on each section. The SAT® also includes an optional essay which is not factored in the composite score. Both the SAT and ACT exam scores are measures used to fairly compare applicants in determining their readiness for college.

### **Some Students Perform Better on the SAT® because:**

- There is no science section
- Good for stronger readers
- The pace of the exam is slower than that of the ACT

## PSAT

The PSAT is a suite of assessments for 8<sup>th</sup>-11<sup>th</sup> graders, (PSAT 8/9, PSAT 10, and PSAT). The most widely used exam is the PSAT. Its main purpose is to expose 11<sup>th</sup> graders to SAT content and determine their baseline score. The PSAT is very similar to the SAT®, but not identical. While the PSAT is considered a “practice” SAT and doesn't always require preparation, there are some cases in which you should consider preparing for this exam. Some colleges look at the PSAT scores when inviting applicants to their programs or even offering scholarships to incoming freshmen.

## PSAT/NMSQT

The PSAT/NMSQT is a standardized test administered to students in grade 11 and sponsored by The College Board and the National Merit Scholarship Corporation. The PSAT/NMSQT is very similar to the SAT in terms of structure and format, but there are a few key differences, including:

- The PSAT is somewhat less challenging than the SAT® (there are fewer advanced questions)
- The PSAT is shorter than the SAT®
- The PSAT does not include an optional essay, while the SAT® does

**Get the prep you need with PSAT tutoring that actually helps.  
Call (786) 6234627 to find a location.**

**The PSAT/NMSQT serves as the qualifying test for the National Merit Scholarship Program. Each year, 7500 students who earn exceptional scores and who meet other qualifying criteria earn scholarship money.**

### **Why Do Students take the PSAT?**

1. To gain practice experience and measure baseline ability.
2. To determine eligibility for the National Merit Scholarship Program (NMSQT).
3. To fulfill testing requirements for practice high school admissions (PSAT 8/9).

See below more information on the different versions of the PSAT:

EXAM	WHEN TO TAKE	WHERE TO TAKE	WHY SHOULD I TAKE?	SHOULD I PREPARE?
PSAT 8/9	GRADES 8 AND/OR 9	YOUR SCHOOL	OBJECTIVE ASSESSMENT THAT MEASURES WHAT YOU LEARN IN SCHOOL AND WHAT YOU NEED FOR COLLEGE	SOME GIFTED STUDENTS STUDENTS APPLYING TO PRIVATE HIGH SCHOOLS
PSAT 10	GRADE 10, SPRING	YOUR SCHOOL	MEASURES SKILLS AND KNOWLEDGE RELEVANT TO HIGH SCHOOL AND COLLEGE READINESS PROVIDES A TEST TAKING EXPERIENCE	GIFTED STUDENTS STUDENTS APPLYING TO PRIVATE HIGH SCHOOLS
PSAT / NMSQT	GRADE 11, FALL	YOUR SCHOOL	PROVIDES A PRACTICE EXPERIENCE PROVIDES A BASELINE SCORE TO HELP FOCUS PREPARATION DETERMINES ELIGIBILITY FOR THE NATIONAL MERIT SCHOLARSHIP PROGRAM	HIGH PERFORMING OR GIFTED STUDENTS STUDENTS WITH TEST ANXIETY STUDENTS APPLYING TO PRIVATE HIGH SCHOOLS

## Who Should Prepare for the PSAT?

- **Academically gifted students.** The National Merit Scholarship Program awards scholarship dollars to approximately 7500 exceptional students each year. Students who are earning ‘As’ in advanced classes, or those who have performed very well on other standardized exams should prepare for the PSAT!
- **Students applying to private high schools.** Some private high schools use PSAT scores in lieu of or in addition to SSAT/ISEE exams for their admissions requirements. These students should prepare for the PSATs.
- **Students with test anxiety.** Students with significant test anxiety will benefit from preparing for the PSAT as these sessions will give students practical strategies and boost confidence. Also, for these students, starting the college admissions process in a positive and proactive way can be very beneficial.

## How Can VALMOR SERVICES, INC Help?

Because the PSAT and the SAT® are nearly identical in terms of structure and content, we use the same methodology we employ with SAT prep!

### SAT® Prep Tutors

Proven tutoring methods for SAT® Preparation

We start SAT prep tutoring with the goal of minimizing anxiety and keeping entrance exams in perspective. With our proven method, we've helped tens of thousands of students improve their scores and apply to schools with confidence. Our test prep tutors are more than experts; they are seasoned SAT coaches who help students with pacing, goalsetting, and managing test anxiety. We offer SAT tutoring online and in person depending on your student's preference.

Receive Our Latest College admissions guide

[Find Out More!](#)

- *Official Diagnostic Exams*

Students enjoy results when we start with data. First step: determine which test is better for your student! Students may take practice SAT® or ACT exams, and our detailed score report helps us to pinpoint student strengths and opportunities for improvement. And, as preparation continues, students take periodic official exams to further refine skills and gain test-taking experience.

- *Complimentary Test Prep Consultation*

The tests may be standardized, but your testing plan is not. Our expert education consultant will meet with you to review diagnostic exam results and assess transcripts and post-

graduate goals so we can make a targeted plan for your family! You'll leave the session feeling confident about which tests to take, when to begin preparing, and when to sit for your first official exam.

- *One-to-One Private Coaching*

Equipped with information about your student and an understanding of your family's budget and student goals and time constraints, we will recommend a level-headed plan that aligns with your needs, whether that includes 1:1 in-home and online tutoring, small group instruction, or online tutoring.

- *Proven Curriculum*

We've refined our approach to test preparation over 15 years. Our workbook-based or online curricula provide an approachable guide for students, and practice on real, full-length practice tests provides at-a-glance analytics and keeps a finger on the pulse of progress.

- *Expert SAT® Coaches*

Our test prep coaches are all exceptional and bring their own particular expertise and personality to the job. We take great care to match students with the "right fit" tutor based on learning style, personality, and academic need!

## About the SAT

The SAT is a standardized exam designed to measure college readiness. Most colleges or universities in the US require that students submit either the SAT or the ACT with their applications.

The exam provides a useful metric of student aptitude and critical reasoning along with a method to compare applicants.

**The SAT is composed of two scored sections:**

- Math (the Math sections is comprised of a single test with two components: a no calculator portion and a calculator portion)
- Reading, Writing and Language (the Evidence-Based Reading and Writing is composed of two tests, one focused on reading and the other on writing and language).

*SAT® SCORING*

Each section of the SAT (Math and Reading, Writing and Language) has a possible score of 200-800. These two scores are added together for a potential total score of 400-1600.

Score ranges vary dramatically based on each college's selectivity. Ivy League applicants often earn nearly perfect or perfect scores, but many colleges accept students with score ranges between 1000-1200. No matter where you plan on applying, you will always improve your chances for admission and academic scholarships by preparing for the SAT!

*Test Dates for the SAT® Exam*

2022-2023 School Year

<b>UPCOMING TEST DATE</b>	<b>REGISTRATION DEADLINE</b>
AUGUST 27, 2022	JULY 29, 2022
OCTOBER 1, 2022	SEPTEMBER 2, 2022
NOVEMBER 5, 2022	OCTOBER 7, 2022
DECEMBER 3, 2022	NOVEMBER 3, 2022
MAY 6, 2023	APRIL 7, 2023
JUNE 3, 2023	May 4, 2023



## What Your Student Will Need to Know

**Math:** The SAT® Math tests focus on four specific content areas: Heart of Algebra, Problem Solving and Data Analysis, Passport to Advanced Math, and Additional Topics in Math. Each area emphasizes the foundations of mathematical analysis: problem solving, pattern and structure recognition, and modeling.

**Reading:** The five reading passages are authentic texts from previously published sources and include literary fiction, history, social science, and natural science. Graphs, charts, tables and other pictographic information are included in two of the passages.

**Writing and Language:** The Writing test includes four passages with questions that ask students to correct errors in grammar and usage and to revise passages for development of ideas, sentence and paragraph organization, and effective language use. The Writing test also includes graphs, tables and other pictographic information.

## ACT Tutoring

### Private Tutor for ACT Test Preparation

We start with the goal of minimizing anxiety and keeping entrance exams in perspective. With our proven method, we've helped many students improve their scores and apply to schools of higher learning with confidence. Our test prep experts are more than tutors; they are experienced ACT coaches who help students with pacing, goal setting, and managing test anxiety.

## About the ACT

The ACT is one of the most widely used metrics of college readiness and is one of the most important factors in the admissions decision. Nearly all colleges in the US and many in

Canada require either the ACT or the SAT as part of the college application. ACT scores are also a critical factor in earning academic scholarships!

*The ACT is composed of 4 mandatory sections and one optional writing test:*

- **English**
- **Reading**
- **Math**
- **Science**

### *ACT SCORING*

Each of the four required sections (English, Reading, Math, and Science) are scored on a scale of 1-36. These four sub scores are averaged for a total potential composite score of 36. The optional essay (scored by two readers on a scale of 1-12) does not factor into the composite score.

Composite ACT score ranges vary dramatically based on each college's selectivity. Ivy League applicants often earn scores between 34-36, but many colleges accept students with score ranges between 22-30. No matter where you plan on applying, you will always improve your chances for admission and academic scholarships by preparing for the ACT!

## Test Dates for the ACT

### 2022-2023 School Year

UPCOMING TEST DATE	REGISTRATION DEADLINE
SEPTEMBER 10, 2022	AUGUST 5, 2022
OCTOBER 22, 2022	SEPTEMBER 16, 2022
DECEMBER 10, 2022	NOVEMBER 4, 2022
FEBRUARY 11, 2023	JANUARY 6, 2023
APRIL 15, 2023	MARCH 10, 2023
JULY 15, 2023	JUNE 16, 2023

### *WHAT YOUR STUDENT WILL NEED TO KNOW*

- ACT Math Test

The ACT Math test is a 60 question, 60 minute test consisting only of multiple choice questions. The calculator is permitted on all questions. Students can expect a blend of Algebra 1 and 2, geometry, and some trigonometry topics.

- ACT Reading Test

The ACT Reading test is a 40 question, 35 minute test consisting of four reading passages with 10 questions for each. The passages pull from prose fiction, social studies, humanities, and natural sciences.

- ACT Science Test

The ACT Science test is a 40 question, 35 minute test that includes questions on science based questions that are presented primarily through the use of graphs, charts, tables and research summaries. Strong reading and logic skills will be helpful in this section.

- ACT Writing Test

The ACT Writing test is an optional, 40 minute essay writing test. Students will be asked to analyze various viewpoints on an issue and state and defend their own opinion on the issue.

### *How VALMOR SERVICES, INC Can Help*

VALMOR SERVICES, INC offers professional and experienced ACT coaches who have helped, and continues to help many students improve their scores. We reinforce student's content knowledge, and improve their skill gaps through focused drills and practice. Additionally, we provide students with test taking skills and strategies which help to improve their test-taking fluency, boost their confidence, and reduce their errors—resulting in much higher score!

### PSAT/NMSQT

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- The PSAT is just a bit easier than the SAT® (there are fewer advanced questions)
- The PSAT is shorter than the SAT®
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